



4th December 2018

# Emergency First Aid at Work

## Learners Aims

- First Aid regulation and the law
- Managing an incident
- The importance of hygiene
- Minor injuries
- Choking and seizures
- Shock
- Recovery position
- Resuscitation
- Burns
- Situation assessment

Certificate is valid for 3 years



4th December 2018

09:30 to 16:30

Fareham Community  
Church

171 - 173 West Street

Fareham

PO16 0EF

Voluntary £80.00

Private £115.00

Want to book a place?

Contact **Community First**

**01329 223 155** or

**01730 777 059**

or email

**[bookings@cfirst.org.uk](mailto:bookings@cfirst.org.uk)**

You can book online at:

[https://www.cfirst.org.uk/  
training/booking/](https://www.cfirst.org.uk/training/booking/)

Limited places available

